

SkiSafe

*Sport should be fun, friendly and enjoyable
– and you should **always feel safe.***

Club Name:

THORPE LAKES

Club Welfare Officer's Name:

BEN STAPLETON

Telephone:

01932579750

Email:

RECEPTION@THORPELAKES.COM



Remember:

- Avoid being alone or with just one other person
- Always make sure an adult you know and trust knows where you are at all times
- If something is wrong or you are worried, tell someone you trust so they can help
- Travel with a friend, avoid travelling in someone else's car by yourself
- Avoid going to other people's homes by yourself
- Carry a mobile phone, phone card or some change

Don't ignore what is happening – don't give up until someone listens